



A&L Healthcare Consultancy

Basic First Aid Course

Are you looking for First Aid Training at your workplace?

The aim of this 1 day course is to provide delegates with the knowledge to effectively deal with a first aid emergency

Course Includes:

- Health and Safety First Aid Regulations
- Priorities of a first aider
- Record Keeping
- The unconscious casualty
- Dealing with Shock
- Treatment for Wounds and Bleeding
- Basic Life Support
- Choking
- Burns and scalds
- Fractures/Soft Tissue injuries
- Severe Allergic Reaction
- Heart Attack
- Seizures

For more information or to make a booking / discuss your requirements.

Contact: LEE OR NICOLA on 07789 792599
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