



**A&L Healthcare Consultancy**

# Tracheostomy Training

**Are you looking for effective Tracheostomy Training at your workplace?  
We are offering ½ or 1 day courses in the care of adolescences / adults  
with a short / long term trachestomy.**

Course suitable for Nurses, Doctors, Healthcare Assistants, Speech Therapists, Physiotherapists, Carers, Dieticians and anyone who cares for tracheostomies.

## **Course Includes:**

- Anatomy & Physiology of upper respiratory tract
- What is a Tracheostomy
- Types of insertion
- Receiving a patient with a Tracheostomy into your care
- Essential equipment
- Types of tubes
- Humidification
- Care of cuffed tubes
- Care of tubes with inner cannula
- Tracheostomy dressings
- Eating & Drinking
- Suctioning / Weaning
- Decannulation / Changing a tube
- Complications-immediate, delayed, late
- Resuscitation
- Communication / Documentation
- Individual care discussions / problem solving and practical sessions

**For more information or to make a booking / discuss your requirements.**

**Contact: LEE OR ANDY on 07789 792599**

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